Charina was born in Las Palmas de Gran Canaria, Canary Islands. She began her musical studies with Pedro Madina and continued with Pedro de Armas, at the Superior Music Conservatory. Received a study grant from the foundation "Orquesta Filarmónica di Gran Canaria" and finished her studies at the Reale Music Conservatory of Madrid under the guidance of Vicente Martínez, with excellent marks. She has also studied with notable flautists such as Juana Guillem of the National Orchestra of Spain, and after has attended numerous courses at advanced level and studies in pedagogy at the Music Academy of Stuttgart. So also in Spain with Verena Maschat and Luchy Mancisidor. In 1989 she obtained a flute teaching post at the Superior Music Conservatory of Las Palmas de Gran Canaria. In the same year she formed the "Grupo de Cámara Profesores de Gran Canaria" which has been in existance for over 25 years. The group have performed original repertoire for the flute, and subsequently to work of music literature transcribed for chamber ensemble. In June 2013 they recorded a CD with Red Berd Records. Charina has played as principal flute, and flute soloist whit the Diego Duron Orchestra, the Orchestra Sinfonica dell'Atlantico. Additionally, she has collaborated with the Orchestra Filarmonica of Gran Canaria, the Orchestra Sinfonica of Las Palmas, the Orchestra Filarmonica Giuseppe Verdi, Salerno, the Italy Sinfonica Orchestra, Etna Chamber Orchestra, Rotary Chamber Orchestra, etc. She regularly teaches masterclass, workshops and seminar room on the technique of circular breathing and pedagogia of the flute. And concerts in Spain, Italy, Portugal, Moldavia, and Bulgaria. Charina has performed in festivals such as "Suoni Dal Legno", "Trieste Flute Festival", "Treviso International Music Competition", "2000 Flauti 2000 Vele", "Trieste Flute Day", "Ravello Festival", "Musica Antica", "Conciertos Clásicos", "Orquesta Clasica di Lanzarote", "Clásicos en el Parque", "FlauTeam Festival", "Quinto Flauto Festival", "Altamura Mercadante Fest.", among others. She has been invited to participate in the juries of international competitions in Italy (such as Venice, Trieste, Treviso, Altamura), "J. Sibelius Fest Competition" (Finlandia). Various composers have dedicated works to Charina, such as Massimo Voltarel, Francisco Crespo, Marco Tamanin, Marco Massimiliani, Alfredo Cornachia. Charina is Yamaha Artist, artist representing the wooden headjoint maker EM, and Artistic Director of "FlauTeam International Festival", both located in the Canary Islands. On September 23rd 2021, she was appointed ambassador of the music of S. Mercadante to the world and of the city of Altamura. (Italy).